Inspired, Involved, Invested
The mission of Get IN Chicago is to identify, fund and rigorously evaluate evidence-based programs that lead to a sustainable reduction in violence for individuals and communities most affected by violence and poverty.

Get IN Chicago is a collaborative effort spearheaded by business leaders who have pledged support to find practices that improve the lives and safety of Chicago’s youth.
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BBF Family Services received support from Get IN Chicago in 2017 for two programs: the North Lawndale Police/Youth Baseball League (staff pictured top) and SYNC mentoring (middle). BAM (Becoming a Man) participants “kickback” at Fenger High School (above). Photo by Darryl Smith.
If I had asked my customers what they wanted, they would have said, ‘a faster horse’. The famous quip, often attributed to Henry Ford, illuminates how well over 100 years ago he understood that disrupting our way of life meant something altogether different than tweaking the status quo. Similarly, at Get IN Chicago we recognize that improving the life conditions of Chicagoans hardest hit by poverty and violence means going beyond funding more programs.

Five years of focused effort have taught us that while strong, data-driven programs implemented with fidelity are central to serving acutely high-risk youth, we must be careful not to let an emphasis on programs eclipse the positive outcomes for individuals that are our ultimate aim. How many acutely high-risk youth are there in Chicago? What are their underlying issues most in need of treatment? What are the circumstances one or two years after a program ends?

Connecting the right programs to the right kids depends upon understanding individual needs and identifying the suite of services best equipped to address them. As a result, Get IN Chicago is doubling down on case management as a foundation for better service delivery. While it most directly lays the groundwork for individualized treatment plans, case management allows for more specialized identification of needs and sourcing of the most appropriate and trauma-informed solutions.

Building on data collected and lessons learned from two years of funding community-based organizations, in the summer of 2016 we launched a new strategy for Get IN Chicago focused on supporting place-based programs and processes that address underlying issues and recognize individual needs. That process yielded Strengthening Youth through a Network of Care (SYNC)—a service delivery system targeting acutely high-risk youth built on a central intake and case management process.

Getting in SYNC involved training community-based organizations in particular data-driven programs, introducing them to a newly established intake and case management system, developing learning collaboratives with organizations that had not worked together before, and recruiting much higher-risk youth, all while meeting a higher recruitment target and the tighter deadline necessary to conduct a randomized control trial. Operationalizing this ambitious undertaking, however, is far from the endgame. Henry Ford didn’t just introduce a better mode of transport but revolutionized the assembly process for more efficient and effective systems that lead to better outcomes. Likewise, SYNC is not simply a process for effectively delivering services, but a vehicle for the culture change necessary to establish and sustain systems change.

Since we started this journey, the landscape has evolved and additional funding streams have come into play. Greater coordination is just one of the
factors in having more grant makers in the space. The cohort of service providers GIC has identified and invested in are being asked to do more. The same few organizations are repeatedly enlisted for new opportunities, which on one hand is validation of both their effectiveness and our technical assistance to date, and on the other hand spotlights the limited pool of high capacity, high capability service providers who are consistently able to reach those young people most acutely at risk for violence.

While capacity building has always been a central aspect of our strategy, we’ve put deeper focus on supporting the quality of technical assistance for existing grantees and simultaneously advancing additional community service providers into a deeper—and sometimes new—level of service. This is not easy, and we salute Chicago’s youth-serving organizations as they continue rising to the challenge. Across this work, learning communities help establish a process for shared decision-making as well as shared risk-taking, shared authority and shared accountability.

Through five years of working to improve the life conditions of children and families hardest hit by poverty and violence, the path to success is much clearer and GIC’s associated role is all the more important. Taken together, new human and philanthropic resources are assets that can be leveraged for the collective impact necessary to yield population-level outcomes over time. While a small private fund cannot independently advance what is required to reduce violence in a statistically significant and sustainable way, Get IN Chicago’s value is in establishing strong systems for successful service delivery and blazing the trail to get there. As an impact accelerator, we are proud of the difference we make:

- The term “acutely high-risk” is firmly established in the city along with the associative attention to different risk levels.
- More service providers are recruiting and retaining the acutely high-risk demographic that is GIC’s focus.
- GIC-established programs have demonstrated strong results, compelling eleven additional funders to invest in them.

Decades of community violence, underfunded schools and disinvested communities won’t be magically mitigated by one program or one funder. Targeted collaboration, however, can both stem the tide of violence and build a better youth service system. And case management is the ultimate form of collaboration, a process that allows each effort to yield far more than the sum of its parts. As a platform for collective impact, case management is about humanizing change—creating an opportunity to activate people and programs with shared vision, values and outcomes. The implications are far greater than a faster horse.

Toni Irving, PhD
Get IN Chicago, Executive Director
Letter from the Board of Directors

To Our Generous Supporters,

Four years of Get IN Chicago’s investment, research, and knowledge-sharing in our efforts to reduce youth violence in our city have demonstrated great success.

Across our communities, we see neighbors coming together and collaborating on strategies to make their streets safer, protect young people on their blocks, and develop opportunities to help them succeed. We see parents, grandparents, and caregivers strengthening their connections with the children in their care, advocating for them at school and work, and supporting their goals.

Each and every day, we see the young people in our programs making extraordinary strides. Our mentors, clinicians, and case managers have no shortage of progress reports about Get IN Chicago youth choosing productive conversations over physical altercations, completing GEDs, or starting new jobs.

Given the challenges that Get IN Chicago youth so often face, these achievements are more than simply commendable – they are also a remarkable testament to the potential that exists in all of Chicago’s young people. We believe, and have seen it proved time and time again, that with the right support, brighter futures are ignited.

On a larger scale, our learnings have reframed the city’s dialogue about violence reduction programs. Identifying the need for increased focus on acutely high-risk youth in recruitment, as well as providing integrated treatment and case management, shifted our focus from measuring program success (100 youth completed X program) to measuring individual success (100 youth re-engaged in school) and led to the creation of Supporting Youth through a Network of Care (SYNC). More than 14,000 youth and families have been helped with direct services through 62 nonprofit agencies. Service providers organized in learning communities have risen to the challenge and improved their ability to handle higher-risk youth, a critical step to reaching our common goal. What started as an idea that more could be done, and done better, has become a vital part of improving the system of social services dedicated to reducing youth violence.

While progress has been made in reducing violence in Chicago, the potential we see to effect further, deeper change is significant.
GET IN CHICAGO (GIC) was created in 2013 as a five-year privately funded initiative to reduce violence in Chicago. The effort galvanized Chicago’s corporations and philanthropists, who committed more than $40 million to save lives and make Chicago a better city. The strategy was to build on and create innovative youth violence reduction programs using proven practices, shared measurement and accountability. These programs were to be implemented by existing public and private social service organizations.

The strategy proved successful by using a private market approach, extensive analysis and strict operational focus. While nonprofits were eager to get involved, many still needed more rigorous measurement criteria, and there was little agreement on best practices. GIC leveraged the expertise of the city’s largest foundations to select high-quality providers and implemented a system of measurement and accountability geared toward highly targeted approaches and outcomes. At the same time, significant investments were made to enhance the capacity of nonprofits to improve and scale outcomes. New approaches were developed, results measured and learnings used to further improve results. All of this was accomplished with a small staff that does not execute programs but oversees and supports providers to ensure that results match expectations.

Your support made these accomplishments possible. You have saved lives. You have put our youth on a path to better futures, and you have made Chicago safer and better.
Key Learnings to Reduce Youth Violence

There are four key learnings that Get IN Chicago is using to guide its own work and that of our grantees and partners.

**Increased Focus Needed on a Category Defined as Acutely High-Risk Youth** - Acutely high-risk youth are at a high likelihood of being victims or perpetrators of violence and are frequently already involved in the justice system. They are typically young men of color who have been subject to a host of adverse childhood experiences, are not engaged in school, have a parent who is or has been in prison and who have had several interactions with the juvenile justice system. Dr. Irving defined this group as a separate target from at risk youth in order to draw attention to their specific needs and to focus resources toward the overall objective of reducing youth violence. So many youth in Chicago are at risk of not achieving their full potential that resources were not reaching acutely high-risk youth who are harder to engage and help. In addition, the services that are provided were not always of sufficient dosage or duration to be effective with this group.

**Acutely High-Risk Youth Need Comprehensive Services** - Youth most likely to be involved in violence need an integrated set of services overseen by a professional case manager. These youth struggle with a broad set of issues such as homelessness, substance dependence, education challenges, unemployment, trauma and lack of role models. We created SYNC to enable better integration among the programs addressing each of these issues. SYNC case managers work to engage target youth in a comprehensive set of services, across providers, and advocate for them to get the right “dosage” of support for their complex needs.

**Shortage of Social Service Support** - The capabilities and capacity of social services in Chicago have not been sufficient to reduce youth violence. Underinvestment in the most violent neighborhoods has also led to insufficient investment in the social service providers needed to coordinate and deliver support in those neighborhoods. As a result, many nonprofits are small, with limited funding, and don’t have the capacity to invest in continuous improvement of their performance. At the same time, demand for services has been skyrocketing as violence becomes more prevalent. As a result, investment in identifying and disseminating best practices and strengthening capacity is necessary for the improved organizational outcomes that lead to broader community-level impact.

**Program Measurement Benefits Youth** - Assessing outcomes for social services is difficult but is necessary and needs to be expanded. Program delivery can be improved by instituting new measurement and accountability with the ultimate beneficiaries being youth participants. We need to move past the culture of measuring activity—how many youth attended which programs for how long—to establish new metrics that reflect the long-term personal well-being of people and integrate them into performance management systems.
Accomplishments

Get IN Chicago has committed $35 million to programs over four years with the remaining funds earmarked through 2019.

- More than 14,000 youth and families have been helped with direct services through 62 nonprofit agencies. The focus was on providing mentoring and social emotional learning programs to youth with the highest propensity to be involved in violence. Some of the top nonprofits delivering these services are:
  - BBF Family Services
  - Chicago School of Professional Psychology
  - Chicago Urban League
  - Children’s Home and Aid Society
  - Family Focus
  - Healthcare Alternative Systems
  - Hektoen Institute (Healing Hurt People - Chicago)
  - KLEO Community Family Life Center
  - Lawndale Christian Legal Center
  - Metropolitan Family Services
  - One Hope United
  - Teamwork Englewood
  - UCAN
  - Westside Health Authority
  - Youth Advocate Program
  - Youth Guidance

- Advanced measurement led to improved protocols related to mentoring and social emotional learning. The expertise of the University of Chicago’s Chapin Hall, NORC, and Crime Lab as well as MDRC was provided by a generous grant from the MacArthur Foundation.

- Strengthening Youth through a Network of Care (SYNC), which provides a comprehensive set of services to acutely high-risk youth, was created. Engaging acutely high-risk youth in programs meant to reduce violent behavior is extremely difficult. The creation of a sourcing network including the Chicago Department of Family and Support Services, Chicago Police Department, Cook County Public Defender’s Office, Cook County Juvenile Probation and community organizations has enabled us to identify, engage and help the right young people—acutely high-risk youth—and connect them to appropriate services through case managers and mentors. SYNC case managers are sourced through Metropolitan Family Services, and measurement is being used to improve outcomes and increase accountability.

More than 14,000 youth and families have been helped with direct services through 62 nonprofit agencies. The focus was on providing mentoring and social and emotional learning programs to youth with the highest propensity to be involved in violence.
• Get IN Chicago invested $1.195 million in improving the capabilities of nonprofit partners, particularly in program design, implementation protocols and measurement. Developed best practice measures for mentoring using MENTOR Illinois’ expertise. Practices then provided to partner mentoring organizations.

• Program design, nonprofit oversight, research and convening activities utilized less than 10% of overall spending.

Continuing to Reduce Youth Violence

While progress has been made in reducing violence in Chicago, the potential we see to effect further, deeper change is significant. We are close to a tipping point where violence either becomes the norm and spreads, or is stemmed and further reduced. As a result, Get IN Chicago will continue to focus on acutely high-risk youth by leveraging the SYNC program and improving the capabilities, reach and accountability of nonprofit social service organizations to provide proven interventions and treatment for young people.

We thank you for your tenacity, your generous support and your true Chicago spirit.

Get IN Chicago Board of Directors
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Paula Wolff
Director
Illinois Justice Project
Investing for Impact

Over the past four years, Get IN Chicago has invested millions of dollars with organizations on the South and West sides of the city—many Get IN Chicago grantees work in multiple neighborhoods—to create safer communities and brighter futures.

Since Fund Inception

$35 million Awarded
62 Nonprofit Partners
14,860 Youth and Families Reached
Our Support

Get IN Chicago is a private funder collaborative of The Chicago Community Trust. The Trust hosts fund contributions and provides grant-making structures and processes. Financial records, including audited reports, 990 forms and statements, may be found on The Chicago Community Trust’s website (www.cct.org). The Get IN Chicago Board of Directors oversees fund governance, grant awards, organization operations and financials.

More information about Get IN Chicago’s funding history can be found online: getinchicago.org/funding/funding-history.

<table>
<thead>
<tr>
<th>Major Funding Sources*</th>
<th>Number of Mentions as a Top 5 Source</th>
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<tbody>
<tr>
<td>State of Illinois</td>
<td>24</td>
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<tr>
<td>City of Chicago</td>
<td>21</td>
</tr>
<tr>
<td>Get IN Chicago</td>
<td>13</td>
</tr>
<tr>
<td>U.S. Federal Government</td>
<td>10</td>
</tr>
<tr>
<td>Cook County</td>
<td>5</td>
</tr>
<tr>
<td>After School Matters</td>
<td>2</td>
</tr>
<tr>
<td>Chicago Community Trust</td>
<td>2</td>
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<tr>
<td>Ounce of Prevention</td>
<td>2</td>
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<tr>
<td>Polk Brothers Foundation</td>
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<tr>
<td>Steans Family Foundation</td>
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Get IN Chicago remains a significant source of funding for organizations working on youth violence prevention. As of October 2017, Get IN Chicago ranked third among major funders for our grantees.

Major funding source = Top 5 funding source as reported by 27 organizations with a Get IN Chicago grant in 2017

Our Grant Recipients

Get IN Chicago’s Board of Directors awarded the following organizations grants in 2017, bringing the fund’s total awards for youth violence reduction efforts to more than $35 million.

- **Alliance of Local Service Organizations (ALSO)**
  Community Collaboration and Resident Empowerment

- **BBF Family Services**
  Police/Youth Baseball—North Lawndale
  Mentoring—SYNC

- **Chicago School of Professional Psychology**
  Cognitive Behavioral Therapy—SYNC

- **Chicago Urban League**
  Mentoring—SYNC

- **Children’s Home and Aid Society of Illinois**
  Cognitive Behavioral Therapy—SYNC

- **Healthcare Alternative Systems**
  Cognitive Behavioral Therapy—SYNC

- **I AM ABLE**
  Community Collaboration and Resident Empowerment

- **Illinois Collaboration on Youth (ICOY)**
  CBT Technical Assistance—SYNC

- **KLEO Community Family Life Center**
  Mentoring—SYNC

- **Lawndale Christian Legal Center**
  Mentoring—Integrated Legal Advocacy

- **MENTOR Illinois**
  Mentoring Technical Assistance—SYNC

- **Metropolitan Family Services**
  Community Collaboration and Resident Empowerment

- **One Hope United**
  Cognitive Behavioral Therapy—SYNC

- **Primo Center for Women and Children**
  Cognitive Behavioral Therapy—SYNC

- **Teamwork Englewood**
  Police/Youth Baseball—Englewood

- **UCAN**
  Mentoring—SYNC

- **Westside Health Authority**
  Mentoring—SYNC
  Police/Youth Baseball—Austin
  Community Collaboration and Resident Empowerment

- **Youth Advocate Program**
  Mentoring—SYNC

- **Youth Guidance**
  Cognitive Behavioral Therapy—WOW: Working on Womanhood
# Changing the Conversation

A number of media outlets took note of the inspiring and important work being done by our grantee programs and partners in 2017.

<table>
<thead>
<tr>
<th>Program</th>
<th>Article/Source</th>
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<tbody>
<tr>
<td><strong>Lawndale Christian Legal Center</strong> - Integrated Mentoring</td>
<td><a href="https://www.crain.com">Crain's Chicago Business</a> - Chicago Beyond awards $1.66 million to Lawndale Christian Legal Center</td>
</tr>
<tr>
<td><strong>Children's Home + Aid and Youth Advocate Programs - Choose to Change</strong></td>
<td><a href="https://www.chicagotribune.com">Chicago Tribune</a> - 5 major Chicago sports teams join together to combat violence</td>
</tr>
<tr>
<td><strong>Austin, Englewood and North Lawndale Police/Youth Baseball</strong></td>
<td><a href="https://www.dnainfo.com">dna info</a> - Police Youth Baseball League Creates 'Positive Ripples,' Builds Bonds</td>
</tr>
<tr>
<td><strong>Youth Guidance - Working on Womanhood (WOW)</strong></td>
<td><a href="https://www.chroniclecookcounty.com">Cook County Chronicle</a> - Working on Womanhood emphasizes values with Chicago’s teen girls</td>
</tr>
<tr>
<td><strong>BBF Family Services - SYNC Mentoring</strong></td>
<td><a href="https://www.lawndalenews.com">LawnDale News</a> - BBF Family Services Hosted the Citywide Mental Health Project</td>
</tr>
<tr>
<td><strong>Westside Health Authority - Community Collaboration and Resident Empowerment</strong></td>
<td><a href="https://www.southsideweekly.com">South Side Weekly</a> - Being a Good Neighbor - West Side group leverages the community's resources to lift up those who need help now</td>
</tr>
<tr>
<td><strong>Hektoen Institute - Healing Hurt People - Chicago</strong></td>
<td><a href="https://www.pbs.org">PBS NewsHour</a> - Chicago’s gun violence crisis is also a mental health crisis</td>
</tr>
<tr>
<td><strong>Youth Guidance - Becoming a Man (BAM)</strong></td>
<td><a href="https://www.politico.com">Politico Magazine</a> - Group Therapy Is Saving Lives in Chicago - Teaching kids to break a deadly cycle of violence that has shaped some of America’s most violent cities</td>
</tr>
<tr>
<td><strong>KLEO Center - SYNC Mentoring</strong></td>
<td><a href="https://www.makingadifference.com">Making a Difference</a> - KLEO Center Transforms Chicago Neighborhood, Changes Kids’ Lives</td>
</tr>
</tbody>
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"Sometimes I have been with the KLEO Center, I have done some better things and getting my life better,"比亚说。
Who: Reaching the Right Youth

A Focus on Acutely High-Risk Youth
Insights from Juvenile Probation

Violence reduction resources need to be focused on youth who are most at risk of participating in violence. It sounds obvious, but Get IN Chicago’s assessments found that the bulk of resources meant to combat youth violence were largely going to low-income but high-functioning youth. What if we could do a better job of reaching and impacting the lives of the highest-risk youth?

Understanding the factors that distinguish acutely high-risk youth can help service providers and government agencies identify youth in need, invest funds more effectively and expand our collective impact.

Based on data from Cook County Juvenile Probation, Chapin Hall at the University of Chicago estimates that the total number of chronic, violent youth offenders in the city is around 1,630. Reaching this population and making an impact on youth violence is possible.

Probation Profiles

Last year, Get IN Chicago partnered with Chapin Hall at the University of Chicago and Cook County Juvenile Probation and Court Services to explore common characteristics among youth with violent offenses.

The findings informed a more detailed version of our risk pyramid definitions. Analysis also found that these young people shared a few key factors.

<table>
<thead>
<tr>
<th>Disconnection from School</th>
<th>60% more likely to be high school dropouts</th>
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<tr>
<td>Mental Health Challenges</td>
<td>Almost 1 in 5 had documented emotional/behavioral disorders</td>
</tr>
<tr>
<td>High Number of Arrests</td>
<td>5-9 arrests raised the risk of violent offenses by 25%, compared to youth with fewer than 5 arrests</td>
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Research funded by Get IN Chicago suggests that a distinct subset of young people—those we term acutely high-risk youth—have risk factors most aligned with gun violence.

Acutely High-Risk Youth: Defining Factors (3+)

- 13-18 years old
- Documented history of individualized education plans (IEPs) and mental health issues
- Group 4 or higher disciplinary infractions if enrolled in school
- Chronically absent (40%+) or unenrolled in education
- Repeated arrests (4+) and justice system involvement
- History of abuse, neglect and/or substance abuse
- Currently or previously incarcerated parent
- Involved in a gang
- Significant history of trauma
From Program Outcomes to Person Outcomes

Each young person’s individual conditions should shape the support they receive. Evidence-based intake assessment tools, like the Child and Adolescent Needs and Strengths (CANS) or Youth Assessment and Screening Instrument (YASI), give social service providers information to make personalized and appropriate treatment plans. Get IN Chicago integrated this youth-centric approach into more of its programs in 2017, reinforcing an ideal standard for care and elevating service delivery.

What is CANS?

Get IN Chicago’s Strengthening Youth through a Network of Care (SYNC) initiative uses the Child and Adolescent Needs and Strengths (CANS) intake assessment to establish a comprehensive understanding of its acutely high-risk participants from the start.

CANS is an evidence-based tool designed to support meaningful decision-making, care and service planning for youth service agencies. CANS is used by a number of child welfare systems, including Illinois’ Department of Children & Family Services.

Benefits and uses of CANS include:

- Documenting youth needs
- Recognizing youth strengths
- Prioritizing necessary services
- Setting treatment baselines
- Tracking improvement

Starting Points: SYNC

Get IN Chicago’s Strengthening Youth through a Network of Care (SYNC) program reported on a cohort of initial CANS assessments in 2017. The implications of the CANS data are meaningful as Get IN Chicago develops new partnerships to reflect a more comprehensive picture of the needs of acutely high-risk youth.

| 942 | Acutely high-risk youth served by SYNC intake and case management in 2017 |
| 191 | Youth assessed in first CANS cohort |
| 70% | Demonstrated trauma exposure |
| 1 in 5 | Reported depression symptoms |
| 1 in 3 | Reported a “centerpiece strength,” such as employment, resilience or strong family ties |
Mentoring Synergy with SYNC

Get IN Chicago’s Strengthening Youth through a Network of Care (SYNC) initiative is putting our anti-violence research and recommendations into practice. Collaborating with local nonprofits, SYNC is providing supportive services to hundreds of acutely high-risk youth in our seven focus communities.

Eisenhower Quantum Opportunities

Six Chicago organizations are using the Eisenhower Quantum Opportunities program model to provide SYNC mentoring services. The Quantum Opportunities model is a proven, evidence-based, wraparound intervention, and in 2016 it was recognized by the White House as part of its My Brother’s Keeper “What Works Showcase.”

An important component of the program is “deep mentoring,” in which mentors develop long-term relationships with youth and advocate for them in their school, family and peer communities as well as the justice system.

Research from NORC at the University of Chicago found that 71% of SYNC youth reported discussing personal issues with an adult outside of their home in the past year. SYNC uses the strength of these relationships, often with mentors, to build additional skills and encourage healthy behaviors.

SYNC Goals

SYNC aims to surround youth with positive people who can support their successful transitions to adulthood and help them:

• Gain stronger interpersonal skills
• Improve school engagement
• Avoid risky behaviors (such as criminal activity or substance abuse)
• Reduce involvement with the justice system
• Increase connections to the community
• Increase hope for the future

In 2017, SYNC mentors and program staff had the opportunity to participate in training sessions and site visits with members of the Eisenhower team, including practitioners who successfully led the program in Boston.

Thanks to a generous donation from Loop Capital, youth enjoy time with their mentor at a Blackhawks game.
Spotlight: Lawndale Christian Legal Center

"Two and a half years ago, Dashawn* was charged with armed robbery. At the time, armed robbery cases against 15 year-olds were required to be tried in adult court. Dashawn was therefore held on a $500,000 bond and faced between 21 and 45 years in prison.

“This law changed in January 2016. However, the new law would not apply to cases like Dashawn’s, which occurred before the law was passed but was still pending in court. This change left about 100 children, including Dashawn, in limbo.

“Lawndale Christian Legal Center (LCLC) was able to offer Dashawn comprehensive legal assistance and support in conjunction with a team from Schiff Hardin. After a number of briefs written on behalf of Dashawn and youth like him, the Illinois Supreme Court ultimately wrote a clear, strong opinion agreeing with our position to move his case to juvenile court.

“Dashawn walked out of the Juvenile Temporary Detention Center after 2 1/2 years, in time to spend Christmas with his family. After that, the mentor/case manager continued to meet with him weekly, establishing a trusting and supportive relationship and preparing him for the changes in store as he re-entered the community and life with his family. The mentor/case manager also helped him enroll in high school, and the LCLC team celebrated his high school graduation in June 2017.

“Dashawn recently celebrated his 19th birthday. When he received a gift bag from his LCLC mentor, he expressed his appreciation for the gift as well as his gratefulness to LCLC that he could celebrate this birthday at home this year. Dashawn entered a workforce program in spring 2018 that will help him find and keep full-time employment.”

—Mentor, Lawndale Christian Legal Center

LCLC reported that 82% of youth in the program successfully complied with probation, supervision or parole requirements to keep them on track for success.

Incubation and Growth

LCLC has used Get IN Chicago support to provide integrated mentoring and legal representation for court-involved youth ages 13-18 in North Lawndale.

LCLC was named the 2017 winner of Chicago Beyond’s Innovation Challenge, an award that also includes funding for a large-scale evaluation. With that grant, LCLC joined a number of programs piloted by Get IN Chicago that secured additional funding last year, giving them resources to support continued growth and long-term success.
How: Stronger Systems

Investing in Networks, Partnerships and Systems
More Effective Case Management

The Basics of Youth-Centered Case Management

Centralized intake systems provide a road map of youth needs; case management ensures that support is identified and received. Case management systems operate as one-stop shops to connect youth and families with the full range of available resources in the city, focusing care around the individual. In SYNC, case managers take on the role of advocate and navigator, assessing youth needs and helping them access services from alleviating hunger or homelessness to workforce development and child care. The SYNC case management approach reduces the duplication of services and allows all providers working with a family and young person to communicate through one central coordinator.
Tripling Reach of High-Risk Youth

Concentrated efforts to enroll high-risk youth in violence reduction programs resulted in strong gains in 2017. Public partnerships helped Get IN Chicago programs identify youth with arrest histories, link them to services and triple enrollment of that population over a two-year span.

Percent of Youth Participants with Arrest Histories


Best Practices in Action
Acutely High-Risk Youth

In SYNC, case managers collaborate with local mentors to provide support that is:

Comprehensive: treatment plans developed after a full intake assessment

Coordinated: access to a rich network of hundreds of supportive services across the city

Consistent: warm, ongoing communication through weekly and monthly meetings with youth, families and support teams
Public Partnerships Lead to Better Performance

Public partnerships are critical to reach acutely high-risk youth and scale promising programs. In Cook County, public agencies work with the largest proportion of acutely high-risk youth, and each encounter is an opportunity for positive engagement, prevention and hope. Get IN Chicago used public partnerships to expand opportunity to thousands of acutely high-risk youth in 2017.

Only 13.3% of nonprofit revenues came from private sources in 2013. Public partnerships are key to large-scale impact.

Source: The Nonprofit Sector in Brief 2015, Urban Institute

*Police officers can use a station adjustment to hold youth accountable for their actions without sending them to court. Neither an informal or formal station adjustment constitutes an adjudication of delinquency or a criminal conviction.

All numbers as reported by Cook County and the City of Chicago.
The Long View: Program Sustainability

Capacity investments lead to strong returns. While public funds are 86.7% of most nonprofit budgets, they often can’t be used for training or capacity building. Strengthening nonprofits and their staff members allows them to better serve our youth, families and communities. Capacity support gives social services organizations the resources for improved training, streamlined operations and efficient systems to serve communities long term.

- $4.5 million has been invested by Get IN Chicago in capacity building and technical assistance since 2013.
- There has been a 30% improvement in successful program outcome achievement after Get IN Chicago capacity grants.

Capacity Coursework

Get IN Chicago created a comprehensive program to address capacity needs and increase impact at local organizations. Eleven nonprofits received support for nearly 100 staff to participate. Session topics included:

- Developing Your Leadership Presence
- Communications and Public Relations
- Demystifying Federal Funding
- Financial Management
- Nail It Before You Scale It
- Psychological First Aid Training: An Introduction to ACES (Adverse Childhood Experiences)
- Fund Development Training
- SPARCS and SPARCS-ST Program: Certification and Training
- Ramp Up to SYNC
- Eisenhower Quantum Opportunities Program: Mentor Training
- Fidelity to Model
- Data Use

Critical Infrastructure Needs

Get IN Chicago’s 2014 capacity study with Chapin Hall at the University of Chicago focused on three areas: structures, processes and human capital. Findings illustrated the following top areas of need:

**Structures**
- Intake Procedures
- Data Collection Systems
- Evidence-Based Programs

**Processes**
- Target Population Screening
- Program Monitoring
- Ongoing Staff Training

**Human Capital**
- Support for Innovation
- Qualified Staff Members
- Learning Culture

In September, Get IN Chicago hosted the Health Resources & Services Administration – Chicago Office of Regional Operations for a free three-day federal grant writing training for 31 Chicago nonprofits.
Spotlight: SYNC Mentoring

Capacity Investments, Youth Outcomes

MENTOR Illinois and ICOY were funded by Get IN Chicago to provide technical assistance to 11 SYNC mentoring and cognitive behavioral therapy programs in 2017, helping each agency incorporate best practices to better serve young people across the city. Here, mentors from two organizations participating in the technical assistance program share the impacts they are seeing on the ground.

SYNC mentoring programs include individual and group sessions, as well as additional support for workforce development, academic tutoring, sports, creative writing and more.

“After a fight with another student, Alexis* was expelled from her alternative school on the West Side. Our team of mentors encouraged her not to give up on her education and worked with her diligently to find a new school and complete the requirements to enroll. When Alexis and her family faced challenges securing paperwork and transcripts from her previous school, our SYNC mentors stepped up to facilitate and ensure a smooth transition. Alexis has been incredibly grateful for the assistance she received and ongoing support from her mentor. At her new school, she is not letting the opportunity go to waste: She is actively engaged in classes, always on time for scheduled mentoring appointments and has not been involved in any more fights or altercations.”

-Mentor, BBF Family Services

“One of our 17-year-old participants from South Shore, Will*, joined our SYNC program in June 2017. Will started off as a distant young man reluctant to engage. However, as a result of our mentor working rigorously with his probation officer, we have been able to make huge strides engaging him. With time and effort, he has become more involved in all of our programming, regularly attending tutoring sessions and becoming more open to mentoring overall.

“Will has also stayed in compliance with his probation requirements, consistently attending mandated drug counseling sessions. He was on track to complete his probation in spring 2018. Will is also on his way to completing his high school diploma soon, with plans to enter into a welding apprenticeship program as his next step.”

-Mentor, KLEO Center

*Names changed
What: Supporting Effective and Promising Programs

Committed to and inspired by people, organizations and communities

Photo: Nicole Wong, Youth Guidance
Research from University of Illinois at Chicago’s Institute for Juvenile Justice shows that youth living in families with healthy functioning patterns were less likely to be involved in violence, even when exposed to high levels of violence in their neighborhoods. Since 2014, Get IN Chicago has invested more than $3 million in parent leadership and family engagement programs on the South and West sides.

"What I am taking away from this class is life-changing. I have a new outlook on parenting and just all around life when dealing with people."
—Parent Participant,
Metropolitan Family Services

Parents strengthen their skills in the authoritative domain, which is linked to stronger educational, communication and health outcomes for teenagers.

At Family Focus, 90% of participants reported that the B-PROUD family engagement program increased their ability to parent effectively.

Parenting Styles

The two program models supported by Get IN Chicago funding, B-PROUD and Parenting Fundamentals, introduce caregivers to the four parenting styles:

- Authoritative
- Authoritarian
- Neglectful
- Permissive

Participants strengthen their skills in the authoritative domain, which is linked to stronger educational, communication and health outcomes for teenagers.
Hospitals Reducing Violence

In 2014, Get IN Chicago provided the major funding to help launch a pilot of the Healing Hurt People-Chicago (HHP-C) program for youth at two local hospitals. Established at Drexel University in 2008, Healing Hurt People uses an interdisciplinary approach to reduce violence among severely wounded individuals, directly in the hospital.

Approximately 1,374 young people visit emergency rooms for injuries each day across the country. Rather than addressing young victims of violence as a criminal justice issue only, Healing Hurt People strives to shift the perspective by using a public health methodology in violence prevention. This approach focuses on root issues of violence and prevention strategies. More than 500 acutely high-risk youth have benefited from HHP-C since 2014.

The innovative HHP-C model seizes upon what researchers call “the golden hour”: the time immediately after violent injury when a patient’s thoughts vacillate between retaliation or changing their course. In the emergency department, staff may offer services that include:

- Medical follow-up
- PTSD services
- Mentoring
- Case management
- Substance abuse treatment
- Legal services
- Housing
- Job training and placement
- Parenting education and support

Through individual treatment plans developed during case management support, Healing Hurt People-Chicago has also connected youth to resources for legal advocacy, substance abuse treatment and opportunities for creative engagement, such as Project FIRE (above).

Promising Impact

Research from the Centers for Disease Control and Prevention shows that within five years, more than 45% of severely wounded victims are re-injured and 20% die. HHP-C reported that among youth getting six months or more of services, one year after completing the program:

- 98% have not retaliated for the injuries that brought them to the hospital
- 89% have reduced their re-injury rates
- 87% avoided criminal justice involvement
- 74% have decreased their PTSD symptoms
Police/Youth Baseball Leagues

Get IN Chicago developed its Police/Youth Baseball League program in 2015 as a way to build trust between youth and police officers. In addition to baseball fundamentals, the leagues include sessions on leadership, conflict resolution, behavior regulation, sportsmanship, and restorative justice. In 2017, the leagues served 300 young people ages 9-12 in Austin, Englewood and North Lawndale.

2017 marked the first year that multiple leagues met for an All-Star matchup. On Aug. 12, top players from the Englewood league took on the best players from North Lawndale at University of Illinois at Chicago's Curtis Granderson Stadium.

“It has been an honor and a privilege to be part of the league, watching the community unite to help the next generation of leaders grow and thrive right here in Austin.”

– Officer Coach
15th District Chicago Police Department

Research Insights

Get IN Chicago administered a pre-post survey to learn how youths’ participation in the 2017 league affected their perceptions of police. Among the findings, all youth participants experienced:

| Increased self-perception of leadership and conflict resolution skills |
| Increased self-perception of their futures |
Spotlight: Reflections from Austin

"The Austin Police/Youth Baseball League has been a wonderful experience for both myself and my son. There aren’t many programs in the community that serve as not only a fun outlet for young boys in the community but also aid to mentor our youth.

“The coaches and volunteers who took the additional time to work with my son and others helping build confidence, discipline and motivating them to always perform at their highest potential are very appreciated. These are skills not just for baseball but for life. The experiences and knowledge gained through these few months will last far beyond, and I’m grateful that my son was able to participate in such an awesome program.

“I've seen him flourish within these months, and this can be seen in not only his skills in baseball but in school and home life as well. He is less reserved and more eager. He understands the concept of hard work and diligence more and he continues to build his confidence as the season progressed.

“I hope to be involved with this program next year and, again, thanks to all the participants. You have truly made an impact in a lot of young boys’ lives.”

—Parent, Austin Police/Youth Baseball Program

To conclude the season, Westside Health Authority hosted an awards banquet for participants and families to honor a range of achievements, including most valuable player, best mental attitude and most improved.
Together: All of Us Are IN

Collaboration is key to our past and continued success
Get IN Chicago collaborated with the MacArthur Foundation to fund the Chicago Design Competition, a project and research opportunity harnessing the city’s most innovative ideas in 2014. The Choose to Change (C2C) program was selected as the winner, and since then, University of Chicago Crime Lab researchers have worked closely with their staff measuring arrests, violence/victimization, academic performance, school engagement, and pro-social behavior.

More than 80 individuals from leading foundations, research institutions, and community organizations joined us for the C2C impact briefing in December 2017. There, the team revealed promising findings and shared that C2C had been selected to receive the first grant from the Chicago Sports Alliance, a new philanthropy initiative from the Chicago Bears, Blackhawks, Bulls, Cubs and White Sox.

More than 27,000 individuals from 620 local companies came out in support of Get IN Chicago for the 2017 JPMorgan Corporate Challenge (JPMCC) on May 25. For the fourth straight year, JPMorgan selected Get IN Chicago as the local event beneficiary. Generous donations from the JPMCC have helped us give participants and families trusted mentors, compassionate therapists and opportunities for safer lives.

In 2017, the SYNC technical assistance providers (MENTOR Illinois and ICOY) led a series of professional learning collaboratives and monthly community meetings to build connections across agencies and create a forum for shared resources and learning. Topics and activities expanded the knowledge of SYNC staff while also giving them an opportunity to build the trust necessary for a cohesive network of support.

2017 JPMorgan Corporate Challenge

SYNC Learning Communities

Measuring Impact:
Choose to Change Briefing
A Heartfelt Thanks

More than 200 young people, caregivers, program staff, donors and community leaders joined Get IN Chicago for our first Giving Thanks event in November. Held at Bridgeport Arts Center, the evening was a celebration of our collective efforts and ongoing work toward safer communities and brighter futures.

Pinnacle Leadership Award

Get IN Chicago proudly awarded JPMorgan Chase & Co. with the Pinnacle Leadership Award at Giving Thanks. The Pinnacle Leadership Award acknowledges the Get IN Chicago partner who has demonstrated exceptional involvement and investment in youth violence prevention efforts and provides an inspiring example of corporate leadership to the greater community. Pictured from left: Tom Wilson, Dr. Toni Irving and Dan Sprehe, Managing Director of Corporate Responsibility at JPMorgan Chase & Co.

Each Brighter Youth Futures winner received a laptop to help them reach their goals. Mentor Daisy Mertzel of UCAN poses with honored youth from her organization’s SYNC program.

Choose Chicago Chair Desirée Rogers (far left) moderated a conversation focused on innovation and impact with Tom Wilson, (right), Chairman, President and CEO of The Allstate Corporation and Co-Chair of Get IN Chicago; Commander Kenneth Johnson, 7th District of the Chicago Police Department; and Commander Kevin Johnson, 11th District of the Chicago Police Department.

Six SYNC mentoring agencies nominated youth for the Brighter Futures award, and many friends and family members joined winners at the celebration.
Get IN Chicago is grateful for the generous support of our donors and partners, who contribute their philanthropy, energy and talents toward our vision of safer communities and brighter futures.

Pledges and gifts of $500,000 or more received from fund launch through Dec. 31, 2017
Our Partners: Heroes

Pledges and gifts from $20,000 to $499,999 received from fund launch through Dec. 31, 2017.

The Duchossois Group
Charlie and Rochelle Trotter

ADTalem Global Education
The Alvin H. Baum Family Fund
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CIBC
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MacArthur Foundation
The Private Bank
Nicor Gas
nielsen
Walmart

Anonymous
Jill Garling and Tom Wilson
Desirée Rogers
Our Partners:
Champions

Pledges and gifts up to $19,999 received from fund launch through Dec. 31, 2017.

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We strive to recognize all donors and supporters who have contributed to creating safer communities and brighter futures with us. If you find an error on this list, we would appreciate your letting us know so we may correct our records.
Are you IN?

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